

TIP SHEET #2:

Do You Feel Called Toward the Arts?

- 1. Do you feel a connection to music where you can't imagine being without it?**
 - There is nothing else you can imagine doing: no alternative
 - You can express feelings in music you might not be able to express verbally
 - It is a quiet friend who listens and speaks.

- 2. Do you thrive on challenges like...**
 - ... Learning a difficult piece and playing it well, solo or with your group?
 - ... Discovering something new all the time in the art form *and in yourself?*
 - ... Being really nervous but pushing through it?

- 3. Do you have a never-ending source of inspiration?**
 - No matter how many times you think about it or study a piece, you discover something new
 - One piece of music leads to another and another
 - Your appetite for learning and for music is voracious.

- 4. Are you compelled and completely self-motivated to practice, play, or sing?**
 - Your parents don't have to nag you to practice
 - You get internal, quiet satisfaction from improving
 - Time flies when you play and you lose track of your worries.

- 5. Do you retreat to music when life is complicated and difficult?**
 - It makes you calm and peaceful and is your place of solace it has a physiological effect on your body and mind.